

Twisted Ankles

by Lee Meredith - leethalknits.com

Keep your legs toasty with bulky twisting cables! Knit over a garter stitch base, these leg warmers can be made in either the smaller, ankle-warmer size (like the white and blue/green samples), or the taller size (orange sample), and are custom sized exactly to your legs by the button placement.

The cables twist out to come off the base and become the 4 buttonhole straps, which fasten across the backs, alternating between left and right.

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You need

- ▶ approx 130-160 yards / 120-146 meters bulky (or super bulky) yarn
- the two smaller sized samples were both made with 1 skein of Imperial Yarn *Native Twist* (the blue was hand-dyed, the other natural/undyed)
- the taller orange sample was made with 1 skein of Brown Sheep *Lanaloft Bulky*
- ▶ size US 13 / 9mm needles
- ▶ a cable needle
- ▶ 7 pieces of scrap yarn, or locking stitch markers, to hold strap stitches
- ▶ 8 buttons, approx 1 inch / 2.5 cm across

Gauge

5.5 sts per 2 inches / 5 cm, in stockinette (gauge shouldn't be too dense - you may want to use a needle size bigger than you'd normally use).

Sizing

The smaller (ankle-warmer) size is about 9 inches / 23 cm tall; the taller size is about 12 inches / 30 cm tall. They are both approx 9 inches / 23 cm wide, not including the straps (un-stretched).

Notes

Use written patterns or charts as you prefer, and you can always check in with the other as needed.

The two patterns are labeled right leg and left leg, but the sides could be flipped - they are the mirror images of each other, cables twisting opposite ways and straps coming out in flipped order.

- ➡ The arrow rows are additional rows for the taller size only. Ignore these rows if making smaller (ankle warmer) size.



Abbreviations/legend

st(s) = stitch(es)

k = knit

p = purl

yo = yarn over (increases 1 with hole)

kfb = knit into front then into back of stitch (increases 1)

k2tog = knit 2 together (decreases 1)

ssk = slip, slip, knit slipped stitches together (decreases 1)

sk2p = slip, knit 2 together, pass slipped stitch over (decreases 2)

cn = cable needle